



BUILDING A HEALTHY COMMUNITY

www.swchc.on.ca

Need to Talk? Want to be heard?

Youth Counselling Services

Available at:

Somerset West Community Health Centre

For: Youth, Friends of Youth, Parents of Youth,
& Service Providers to Youth

Different Reasons to Contact a Youth Counsellor:



Youth Counselling is available to support you... to take that first ...



Services Available Include: One-to-One Counselling Support,
Connections to Youth Resources,
Community Resources, Referrals, Groups and Educational Workshops

SWCHC Staff: Refer to intake services